Kinetic Nonoptimality and Vibrational Stability of Proteins

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ABSTRACT Scaling of folding times in Go models of proteins and of decoy structures with the Lennard–Jones potentials in the native contacts reveal power law trends when studied under optimal folding conditions. The power law exponent depends on the type of native geometry. Its value indicates lack of kinetic optimality in the model proteins. In proteins, mechanical and thermodynamic stabilities are correlated. Proteins 2001;44:20–25. © 2001 Wiley-Liss, Inc.

Key words: protein folding; Go model; molecular dynamics; protein stability

INTRODUCTION

Proteins are extraordinary heteropolymers. They fold to their native states much faster than would be predicted by a blind combinatorics,1 since a folding funnel in the energy landscape is formed.2–4 Proteins are believed to have high designabilities,5 to be stable against mutations,6,7 and to have the highest densities of states.8 Furthermore, the α-helix secondary motifs have been shown theoretically to be the fastest folders among chains of the same number, N, of amino acids9 and to be the result of the geometric optimization of compact chains with maximum wiggle room.10 Experimental results11–13 (see commentary by Chan14) also point to the accelerating role of the helices. Biological evolution may have optimized functionality of proteins and decoy structures and show that although proteins fold to their native structures quickly, they are not optimal folders. This conclusion ties in well with protein engineering experiments,18,19 which show that mutations in wild-type proteins may lead to significant increases in folding rates and thus show no kinetic optimality of sequences. Our theoretical argument is based on relating universality classes in the scaling of \( t_{\text{fold}} \) to classes of native geometries. This confirms a decisive role of native geometry in determining properties of proteins.20 The scaling trends that we observe are robust when studied at the temperature of the fastest folding, \( T_{\text{min}} \), but become obscure when studied at other temperatures.

Another issue examined concerns the notion of protein stability. One definition of stability is thermodynamic—it assesses the role of non-native phase space valleys relative to the native valley by determining the probability of staying in the native basin. It is characterized by the folding temperature, \( T_{f} \), at which this probability crosses 1/2. Another is mechanical: at what temperature will the native conformation melt as a result of vibrations? The mechanical definition does not refer to non-native valleys. The two notions should correlate with each other if the native valley dominates in the energy landscape. We show that this is indeed what happens in model proteins.

MODEL AND METHOD

We first consider the problem of universality classes in the scaling of folding properties. There have been various predictions about the nature of scaling of \( t_{\text{fold}} \). A number of theories suggest a power law dependence of barrier heights on \( N \) and thus an exponential law for \( t_{\text{fold}} \).22–24 Thirumalai25 has argued, however, in favor of a power law for \( t_{\text{fold}} \),

\[
 t_{\text{fold}} \sim N^\lambda
\]

where \( \lambda \) is estimated to be between 3.8 and 4.2 for simple two-state folders. A heuristic model26 leads to \( \lambda = 3 \). Numerical studies of \( t_{\text{fold}} \) in various lattice models27–29 have supported the power law behavior and indicated dependence of \( \lambda \) on specifics of the model, dimensionality and temperature, \( T \). For designed sequences in three dimensions, \( \lambda \) has been found to be within the Thirumalai range,27 whereas for Go models it has been found to be on the order of 3.27,29 In these studies, \( t_{\text{fold}} \) is defined as the first passage time.

In the present study, we extend the scaling studies to off-lattice Go models,15 and consider chains of beads separated by \( d_o \approx 3.8 \text{ Å} \) — a typical length of the peptide bond. The Go Hamiltonian is defined through a native conformation of a sequence, as it assigns relevant interaction energies only to the native contacts. Despite this simplification, the Go models may behave more realistically than do atomistic models.30 It should be noted that the Go models are so minimal that they disregard an explicit amino acidic definition of a protein and variability of the volume taken by individual side-chains. Natural proteins appear to fold by locking its segments together in an unfrustrated way. Adding attraction to the non-native contacts in the bead-spring model might appear to make the model more realistic but, in fact, leads to spurious entanglements during folding. In this sense, the Go model repairs some of its shortcomings by a mutual cancellation of its ills and focuses on the effects related to the native structure. This focus is justified by experimental indications that the native structure itself is

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central to folding. By contrast, the target-oriented aspects of such theoretical modeling are hard to justify on a fundamental level. The nature of the Go model permits study of the role of the native structure in kinetics, but it does not allow one to address the role of the sequential order. Determining sequence-based, as opposed to structure-based, classes of kinetic universality would be much more interesting but, clearly, also much more challenging.

We employ Lennard–Jones (LJ) potentials for the native contact interactions between monomers \(i\) and \(j\), in a distance of \(r_{ij}\) apart. The non-native interactions are described by repulsive soft core potentials that provide excluded volume and prevent entanglements. Our approach was presented in detail earlier with an analysis of several secondary structures and three model proteins. Such models were also studied in references and 34. The distances between successive beads are controlled by an anharmonic potential. The length parameters \(\sigma_{ij}\) are selected so that the minimum of \(V_{ij}\) corresponds to the geometry found in the target structure and the contacts are said to be formed when \(i\) and \(j\) are not consecutive along the chain and \(r_{ij}\) is less than \(d_{nat}\), where \(d_{nat}\) is 7.5 Å.

There are other variants of the off-lattice Go models: Zhou and Karplus and Dokholyan et al. have considered models with a square well potential. Clementi et al. have studied the 12–10 power law potentials. It is not clear which effective potential is the best, and our choice is LJ.

The dynamics of the system are described by the Langevin equation

\[
\dot{\mathbf{r}} = -\gamma \mathbf{r} + \mathbf{F}_s + \Gamma
\]

where \(\mathbf{r}\) is a position of a monomer, \(m\) is its mass, and \(\mathbf{F}_s\) is the force derived from the Hamiltonian. \(\gamma\) is a friction coefficient and \(\Gamma\) is the random force, such that \((\Gamma(t)\Gamma(t')) = 2\gamma k_B T \delta(t)\), where \(k_B\) is the Boltzmann constant, \(t\) is time, and \(\delta(t)\) is the Dirac delta function. Both the friction and the random force represent the effects of the solvent and they control \(T\). The equations are solved using the fifth-order predictor–corrector scheme.

In the following, \(T\) is measured in the units of \(e k_B\), and \(t\) is measured in units of the oscillatory period \(\tau\). At low values of friction, \(\gamma\) is equal to \((ma^2/e)1/2\), where \(a\) is a van der Waals radius of the amino acid residues. The value of \(a\) is chosen as 5 Å, which is roughly equal to \(\sigma_{ij}\) in our model proteins. The simulations are done with \(\gamma = 2\pi \tau^{-1}\), a standard choice in studies of liquids. Higher values of \(\gamma\) have been argued to be more realistic. We have shown that \(t_{fold}\) is linear in \(\gamma\) and that \(T_{min}\) depends on \(\gamma\) weakly.

The native conformation is described through the locations of the \(\alpha\)-carbons. We have considered 21 single-domain Protein Data Bank (PDB) structures, with \(N\) ranging between 29 and 98. Nine of these structures belong to a set of proteins considered by Plaxco et al. or are their close homologues. These are the SH3 domain of 1efn (57), 2ptl (63), 2ct2 (83–18 = 65; 18 are not resolved); 1esp (67), 1ubq (76), 1hdn (85), 2abd (86), 1ten (90), and 1aps (98), where the numbers in parentheses indicate the corresponding values of \(N\). The additional 12 structures are: 1cti (29), 1cmr (31), 1ce4 (35), 1bb (36), 1erc (40), 1crn (46), 7rnx (52), 5pti (58), 1tap (60), 1aho (64), 1ptx (64), and 1erg (70).

These conformations were picked from the low-\(N\) end of the size distribution to permit a reliable characterization. Our studies of these structures indicate well defined overall trends in \(t_{fold}\), which are only weakly affected by an inclusion of steric constraints. Our results are given here only for models without such constraints.

The results obtained for the PDB structures are compared with five classes of decoy conformations that differ in the way they fill space and in their packing arrangements. These classes form statistical ensembles in which a given value of \(N\) has multiple realizations. Four classes are defined in terms of shapes that homopolymers arrive at under various cooling procedures. The nonconsecutive beads in the homopolymers interact through the LJ potential with \(\sigma_{ij} = 5\) Å, which corresponds to a typical van der Waals radius of amino acids. We discuss the following classes (Fig. 1):

- **HC**: conformations obtained through slow homopolymer cooling. The procedure involves generating an open conformation, assigning identical strengths to all interbead interactions, and then slowly annealing. The resulting compact conformation serves as a native structure in the Go-like Hamiltonian.

- **CL**: conformations obtained through slow homopolymer cooling and then rapidly annealed.

- **HA**: high energy, accessible structures, typically obtained through fast cooling.

- **HQ**: high energy, quiescent structures.

- **HB**: high energy, blocked structures.

**Fig. 1.** Examples of native conformations used in these studies. The folding data were generated based on 11 realizations of each class of structures for each value of \(N\), except for the case of HA, when five realizations were sufficient.
HQ: similar to HC, but with a rapid quenching instead of annealing. The procedure results in noncompact native structures, which have many local contacts, however, as measured along the chain, and are thus more closely related to α-helices than to random heteropolymers.

HA: similar to HC, but the α-helices of various lengths (of order 15) are first built into the initial states consistent with the LJ couplings and then preserved through the annealing process by assigning ten times stronger couplings to the helical secondary structures.

HB: similar to HA, but the helical segments are replaced by β-sheet conformations. The lengths of the β-strands are fixed at eight monomers.

CL: compact native conformations generated on a grid as a self-avoiding random walk within a compact box of lattice constant equal to the length of a peptide bond and then stabilized by appropriate Lennard–Jones interactions.

The folding properties are studied as a function of T and then presented here for T = T_{\text{min}} and T_{\text{f}} at which probability, P_{0}, of being in the native basin is \frac{1}{2}. P_{0} is determined based on 10–15 long molecular dynamics trajectories at equilibrium. The results are illustrated in Figure 2 for two model proteins, 1ubq and 1ce4.

The median folding times depend on \( T \) in a U-shaped fashion and, generally, the bigger the \( N \), the narrower the U. The dependence of \( t_{\text{fold}} \) for the Go models of 1ubq and 1ce4 is shown at the bottom of Figure 2. The system is assumed to be in its native state if all of its native contacts are established. A native contact between monomers \( i \) and \( j \) is said to be established if \( r_{ij} < 1.5 \sigma_{ij} \).

RESULTS AND DISCUSSION

Kinetic Universality Classes

Figure 3 shows the validity of the power law, eq. 1, for \( t_{\text{fold}} \) when determined under the most favorable kinetic conditions, at \( T_{\text{min}} \). The exponent \( \lambda \) sensitively depends on the geometric class of the native structures (Table I). The case of HB is special, as a crossover between two effective values of \( \lambda \) is observed (the β-sheet lengths of 8 impose a condition on \( N \), above which a characteristic β-sheet behavior can begin to be seen). The values of \( \lambda \) range between 1.7 and 3.2. The smallest \( \lambda \) corresponds to the HA and the largest to the HQ and long HB conformations. HC is intermediate. Note that \( \lambda \) for HA is smaller than 2, the value suggested by de Gennes in his analysis of the time scale for the coil-to-globule transition of a homopolymer.

The data points for PDB at \( T_{\text{min}} \) are somewhat scattered—there is no averaging over an ensemble, but a
A well-defined trend is visible. The exponent $\lambda$ is about 2.5 ± 0.2, indicating that these structures are not optimal kinetically. HA, short HB, and HC of the same $N$ fold faster. PDB appears to be comparable to the grid conformations CL (there is only a weak dependence on the dimensionality in the off-lattice models, when the grid structures are generated on the square lattice, $l$ becomes equal to 2.1 ± 0.2).

The existence of a trend in the scaling of $t_{\text{fold}}$ for the PDB structures appears to be at odds with the analysis of experimental data compiled by Plaxco et al. The line shows the scaling trend found at $T_{\text{min}}$. Bottom, inverse of experimental folding rates as compiled by Plaxco et al.

There are three explanations for the discrepancy we have considered. First, the range of the values of $N$ considered is smaller than studied in the present report, which in itself emphasizes fluctuations. However, in data published later the range of $N$ was extended to about 150, and the correlations of kinetics with $N$ remained weak; thus, the limited range of the values of $N$ is not a likely explanation of the discrepancy. Second, it is only simplified models, such as the Go models, that show trends in the kinetics of folding, whereas any additional complexities present in real systems may perturb such trends beyond detection. This possibility could be studied in the future by considering scaling in more complicated classes of models. In particular, the role of the localization index of the interactions should be elucidated within the context of scaling. Third, the trends are obscured by the fact that the experimental data are usually obtained at a fixed temperature, typically, but not necessarily, at room temperature. Thus, the data collection involved no kinetic optimization which would require selecting the best $T$ for each protein individually.

The role of this third possibility is illustrated at the top of Figure 4, which shows the scaling of $t_{\text{fold}}$ at $T_f$. The scatter is seen to be significantly larger than at $T_{\text{min}}$. It is not as large as in the experimental data, but it should be noted, again, that our Go systems are just very simple models of systems that are rather complicated. Another way to assess the relevance of the optimal selection of $T$ is shown in Figure 5, which reanalyzes the data presented in

![Table I. Values of Exponent $\lambda$ for the Classes of Conformations Studied](image.png)

<table>
<thead>
<tr>
<th>Structure</th>
<th>$\lambda$</th>
</tr>
</thead>
<tbody>
<tr>
<td>HC</td>
<td>2.2 ± 0.1</td>
</tr>
<tr>
<td>HA</td>
<td>1.7 ± 0.1</td>
</tr>
<tr>
<td>HB</td>
<td>0.9 ± 0.1, 3.2 ± 0.1</td>
</tr>
<tr>
<td>HQ</td>
<td>2.7 ± 0.2</td>
</tr>
<tr>
<td>CL</td>
<td>2.6 ± 0.2</td>
</tr>
<tr>
<td>PDB</td>
<td>2.5 ± 0.2</td>
</tr>
</tbody>
</table>

Fig. 4. Top, values of $t_{\text{fold}}$ for the Protein Data Bank (PDB) structures as determined at $T_f$. □, proteins studied by Plaxco et al. The line shows the scaling trend found at $T_{\text{min}}$. Bottom, inverse of experimental folding rates as compiled by Plaxco et al.

Fig. 5. Folding times of the theoretical Go model versus folding times observed experimentally in proteins studied by Plaxco et al. □, $T = T_{\text{min}}$; ■, $T = T_f$, respectively.
Figures 3 and 4, so that theoretically determined $t_{aFold}$ is plotted against the experimentally measured folding time, $t_{exp}$. The small number of available points makes it difficult to predict the best trend with accuracy. However, it is clear that the points determined at $T_{min}$ exhibit significantly less scatter than those calculated at $T_p$. This finding gives further support to the idea that the lack of optimization in the temperature may mask existence of any underlying trends.

Our findings on scaling of characteristic $T$ can be summarized as follows. For HC, HA, and CL, $T_{min}$ grows with $N$, whereas $T_p$ is almost constant and is somewhat lower than $T_{min}$. The difference between $T_{min}$ and $T_p$ grows most slowly for HA. For PDB, $T_{min}$ does not seem to have a trend, within the range of $N$ studied, and the values of $T_{min}$ are usually just above the corresponding values of $T_p$. This indicates a borderline behavior between excellent and poor folding characteristics, if the condition for the latter is $T_p \ll T_{min}$. This borderline behavior might characterize classes of proteins, especially of those that have a short lifetime in a living cell, but this result may depend on the choice of the potentials.

Stability Against Vibrations

We now discuss stability of the native state in proteins. The mechanical stability can be probed through the phononic spectra as reported previously.\(^{16}\) This is accomplished by determining the frequency gap, $\omega_1$, in the low end of the frequency spectrum. Another test is provided by studying root-mean-square displacements around the native state and employing the Lindemann criterion for melting. We introduce the parameter

$$\delta_L(T) = \frac{1}{n} \sum_{i<j}^{[NAT]} \frac{\langle (r_{ij}^2) - \langle r_{ij} \rangle^2 \rangle}{r_{ij, NAT}^2}$$  \hspace{1cm} (2)$$

which is a variant of the parameter used by Takano et al.\(^{42}\)

The summation is over pairs of monomers ($n$ of them), which form native contacts; their displacement is compared with the native distances. The temperature, $T_L$, at which $\delta_L$ crosses the Lindemann value of 0.1 is a measure of mechanical stability. Figure 6 shows that both $\omega_1$ and $T_L$ show a correlation with $T_p$, which suggests the predominance of the native valley in the energy landscape. Note that $T_L$ is higher than $T_p$ which indicates that the probability “leaks out” of the native state when the vibrations in the native valley are small. Thus, for good folders, the notions of thermodynamic and mechanical stabilities qualitatively coincide.

CONCLUSIONS

Our main results on scaling can be summarized as follows. There are kinetic universality classes among well-folding sequences. These classes depend on the type of geometry involved in the native state. Well-defined scaling trends can be established if folding is studied under optimal conditions. Otherwise, they are hard to see, especially if the range of system sizes is narrow. The shapes of actual proteins in their native states are such that the folding times scale with an exponent that is higher than certain artificial classes of structures. This suggests the lack of kinetic optimality of proteins.

Our results have been obtained within the Go model, which focuses on the role of the native state geometry. This level of simplified description incorporates a long list of approximations that somehow appear to compensate mutually. In effect, the Go systems are reasonable models of good folders and the simplifications involved are precisely of the kind that allow for a statistical analysis necessary to establish scaling properties. Working with sequences described in a more sophisticated manner would add to the reality of description. However, it would also necessitate dealing with statistical ensembles of sequences defined by more parameters than just the size and shape; that would currently be prohibitive numerically. Our results should then be viewed as establishing inroads into understanding of the role of size in folding kinetics.

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